

INFORMATION FOR THE TEAM MANAGERS

1. Official communiqués

- To limit the use of paper, the official communiqués for the teams will be sent by email; printed copy will be provided only on request at the Permanence.

To receive communiqués and results by email, please send a message to info@rsstiming.com

- A dedicate WhatsApp group is also available to receive information and communicates about the event.



2. Training

- It is strongly recommended to follow traffic rules during training and circulation with open traffic; Handbike Athletes **must** put a flag on their handbike.

- Official training is scheduled on May 3rd from 10am to 11,45am **on the TT course**; no vehicles will be allowed on the course during this time.

- Regular training is strongly recommended at VAARTDIJK NOORD LEFFEINGE (road 40 kms long, permanently close to vehicles)

3. Time Trial

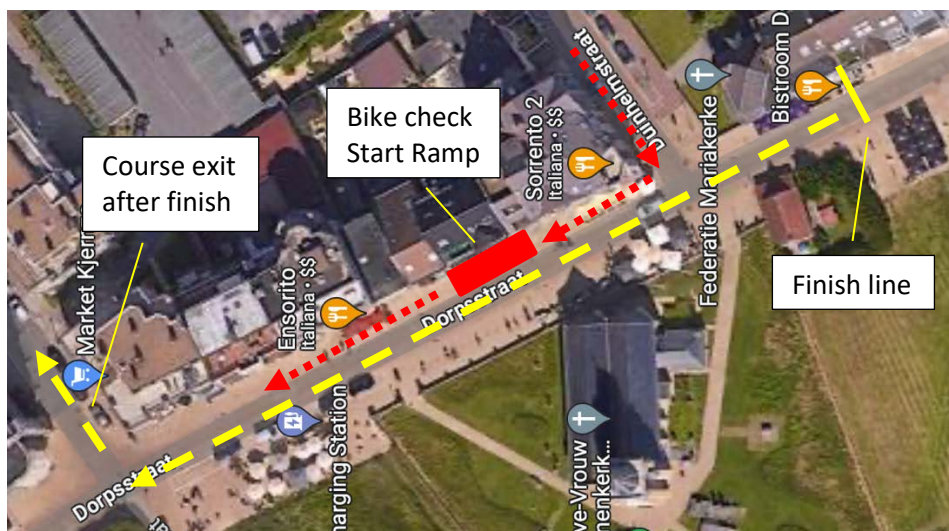
- Race course will be closed (vehicles and cyclists) 30' before the start; after this time, traffic on the course is forbidden

- Training on the race course is not allowed after the start of the first rider

- Riders must come to the bike check, located near the start area, 15 minutes before their start.

- Due to the number of Riders, following cars are not allowed

- After the finish line, Athletes must slow down and exit the course at the 1st road on the right hand side, following the instruction by the volunteers

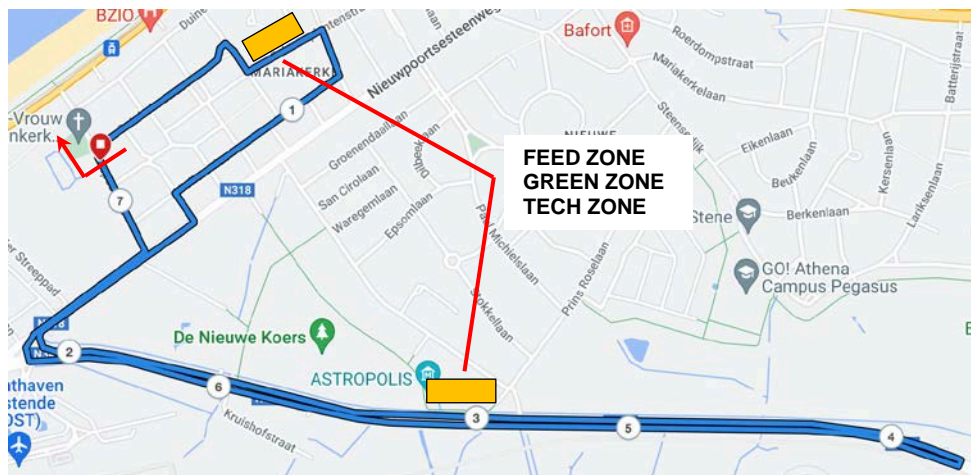


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4. Road Races

- Race course will be closed (vehicles) 30' before the start; after this time, traffic on the course is forbidden.
- Training on the race course is not allowed after the start of the first race
- The feed zone/green zone is located on Schermplantenstraat and on the airport road, marked with signs.
- At the start of C1-C2-C3 races, to prevent possible accidents, rider **holders can't wear/hold** any item (backpack, wheels, etc)



- RR Start Procedure:

Start will be given on the opposite direction of race; after the corner riders will be directed on the correct race direction (left lane)



5. Team Relay

- Each participating Team in the Team Relay must present their start list to the Commissaires Secretary **at the Finish Line Commissaires office, Saturday 6 May at 7,00pm at least.**
- Team Relay meeting will be conducted **Sunday 7 May at 1,45pm** at Relay Area on Duinenstraat (1st corner after the finish line)

6. Anti-doping

- Will be conducted at Hotel Vayamundo; the location is signed with arrows.
- For specific and more accurate instructions please look at the information provided by the Anti-Doping Officer.

7. Protocol

- We remind that the Protocol Ceremony is a **relevant part** of the event, so please Team Managers are strongly required to pay attention to take the Athletes to the Ceremony **on time**.

Wishing the success of the event to All, I remain at your disposal for any information or need you may have.

Roberto Rancilio
UCI Technical Delegate